



# FORTIS Forum

VOLUME 6 ISSUE 10

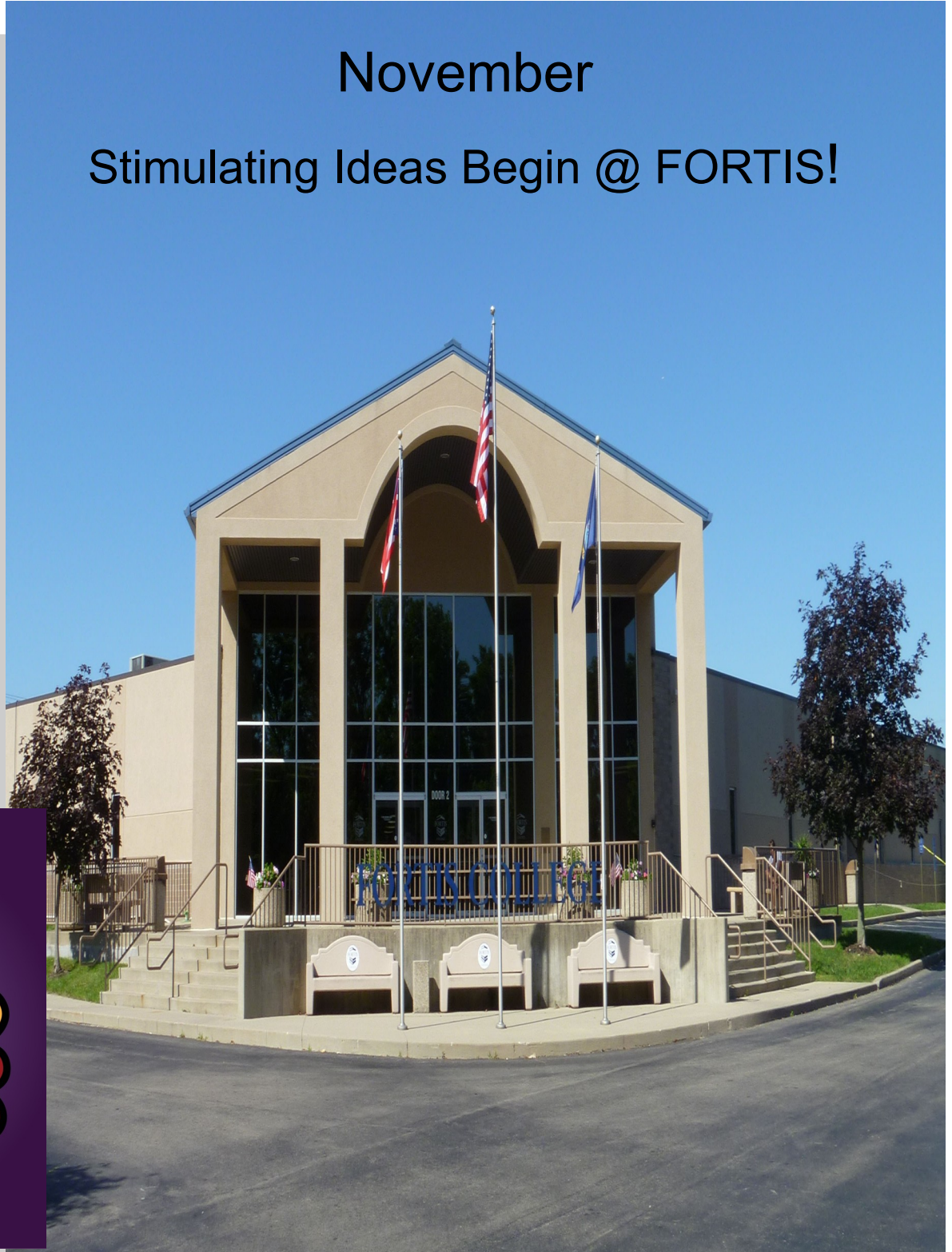
NOVEMBER 5, 2013

555 E. ALEX-BELL RD.  
CENTERVILLE,

- ◆ President's Desk
- ◆ Paralegal
- ◆ Precinct Fortis
- ◆ Marathon Disabled VETS
- ◆ Career Services
- ◆ Staying Sane-LRC
- ◆ Teddy Bears Charity
- ◆ Dean Talk
- ◆ World Series Trivia
- ◆ Editorial
- ◆ Honor Code

## November

### Stimulating Ideas Begin @ FORTIS!



# ***From The Desk of the President***



***There are many wonderful things happening on our campus. Some students are preparing for graduation and others are just beginning their educational pursuits. You must know that we are all here for you at Fortis College. We are dedicated to your success. Those that are graduating, make sure you check in with Career Services before leaving.***

**If you are new, make sure you use the My Campus Link on the FORTIS College home page. This will connect you to the campus Student Portal and give you the capability to:**

- ◆ Access your student account information online, including your ledger card, billing statements, and even make tuition payments**
- ◆ Review your financial aid online, including an incorporated FAFSA and award letters**
- ◆ Monitor your academic records online, including your unofficial transcript, degree audit, GPA calculator, final grades, and current class schedule**

The web-based Campus Link application connects to the FORTIS College student database to give faculty and students immediate online access to the most current academic records.

To register to use the Student Portal, you must first have a valid personal email account on file at the College. Once you have registered your email address, you will have taken the first step in becoming more closely attached to your academic and financial information—***on demand!***

***Also make sure that you keep in mind the weather when driving to school. Be sure to give yourself more time during the months of December –March. We may close school or have a delay in opening due to a major snow or ice issue and will monitor this closely and provide timely updates on WHIO-TV -Channel 7, WDTN-TV Cannel 2 and FOX 45/Channel 22 and Radio Stations: K99.1, 1290 WHIO, 95.7, and 95.3)***

***I hope everyone has a Blessed and Happy Thanksgiving.***

***Richard S. Rucker, Ph.D.***

***President***



The Introduction to Paralegal class visits the Montgomery County Common Pleas Court.



### **Paralegal Program: Field Trip to Montgomery County Common Pleas Court**

On Tuesday, October 22, 2013 the Introduction to Paralegal class visited the courtroom of Judge Gregory Singer at the Montgomery County Common Pleas Court. The class was able to observe a full docket which included various pleas, probation revocations, and sentencing. Charges included aggravated robbery, domestic violence, burglary, and receiving stolen property, as well as many other offenses.

Following the docket, Judge Singer participated in a question and answer session with the students. When asked if the Judge had a case that he would never forget, he replied that he would never forget his first human trafficking case, which involved a brutal felonious assault. The Judge was also asked if he had any pet peeves when it came to his courtroom, and he stated he did not like it when attorneys were not prepared. Regarding whether it was difficult to set aside personal biases or convictions, the Judge replied that he does not have much leniency for defendants that are convicted of child sex offenses or thieves, but that he believes in working on the issues that have led a person to commit a crime, such as drug and alcohol issues.

Submitted by Susan Nelson, Esq.

Paralegal Instructor

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## Precinct FORTIS: The Criminal Justice Corner

“No dummies were killed in the training of our students.” In fact several were saved as a result of criminal justice students being trained in CPR and AED use. Here CJ student Karlee Benner receives instruction from Vickie Carman in the CPR lab. Seven students and I were trained and certified. The addition of CPR into the CJ program is an example of how FORTIS continues to enhance the variety of experiences for potential future first responders.



Submitted by John Digel: M.S.A.

Instructor: FORTIS Criminal Justice Program

Lieutenant, Retired: Huber Heights Division of Police

**DAWN BRYANT, NURSING PNR STUDENTS ASKS US TO:**

**PLEASE SUPPORT OUR SOLDIERS  
BY DONATING AND OR WALKING/RUNNING THE DAV 5K MARATHON**

**NOVEMBER 9TH, 2013**

**AT SAWYER POINT IN**

**CINCINNATI**

**THIS WALK/RUN SUPPORTS THE DISABLED AMERICAN VETERANS (DAV)**

**AND I AM PROUD TO SUPPORT THE CAUSE AND ASK FOR YOUR**

**SUPPORT!**

**SO HELP ME AID OTHER VETERANS**

**FOLLOW THE LINE BELOW TO REGISTER**

**TO DONATE OR PARTICIPATE!**

[http://donate.dav.org/site/TR/Events/General?px=3614288&pg=personal&fr\\_id=1040](http://donate.dav.org/site/TR/Events/General?px=3614288&pg=personal&fr_id=1040)

**THANK YOU IN ADVANCE FOR YOUR SUPPORT AND DONATIONS!!**



# Career Services

1. Why did you decide to further your education at Fortis College?

***“I wanted to find a Career after high school but I did not want to be in college forever. I wanted to fast track to my career.”***

2. Did you work while attending Fortis College? **Yes**

How many hours? ***30 plus hours per week***

3. Tell us about your experience at Fortis?

***“I worked hard, learned a lot and was placed at my externship that lead to my full time job.”***

4. Did you use Career Services? **No**

***“I really did not deal with Career Services because I was placed through externship.”***

5. Information about the company your work for? What Advice would you give to other students beginning their education?

***“I work for Attorney Mark Deters in Centerville. The firm handles OVI/Traffic Defense cases.”***

***a. Always try your best. What you do today can vastly affect what you do in the future.***

***b. Always act professional; you never know who is watching or what connections people have in the community.***

***c. Listen to your heart. Why waste so much time and money on something you do not love.***

***d. Comments:***

***“Fortis College changed my life and gave me so many opportunities I never would have gotten otherwise.”***

**Stephanie Taylor, 2013 Graduate**



# Staying Sane During School

Let's be honest – school is hard. Setting time aside for reading textbooks, exam cramming, the like. No need to worry though, here are 10 ways to keep yourself from overloading.

## 1. Earn Some Endorphins

Making the trek to the gym is not always first on most people's list – I mean, my couch is too comfortable and there's a Harry Potter marathon on. However, after putting in some time and getting active, you'll feel so much better. Your brain will be clearer, your mind more focused – plus, you're getting fit! That's always a good thing!

## 2. Don't Be Afraid to Ask For Help – of any kind

Whether it's academic advice or something more personal, you never have to do anything on your own. If you're really struggling with some concepts, take up a tutoring service before your next exam. If you're having some personal issues, seek a faculty mentor or your academic advisor on campus. Remember that there is always someone to talk to, and always someone to help you.

## 3. Catch Some Zzz's – no, really

There is always so much to balance, but here's the thing – it doesn't all have to be done today. Try to get 6-7 hours of sleep a night – let me tell you, it will make you feel much better when that 8AM class comes along.

## 4. Learn Your Limits, and Work With Them

Like I said before, not everything can be done in a day. Personally, I sometimes have trouble with that concept. It's okay, you have enough time (unless you're a chronic procrastinator, and in that case, I can't help you). Prioritize and pick what works best with you – this will save you so much stress.

## 5. Go Outside. Run Around. Be free, little bird. Be free.

You can't spend your entire college experience inside. Even if you take your textbooks outside, it's still away from all that artificial lighting.

## 6. Try Something New

Following that "leave your room" concept, do new things! It can be a little intimidating at times, but you never know until you try. Audition for a play, join that Ultimate Frisbee team you see around – just go for it! If you don't like it, pick something else. That's one of the best parts of college, in all honesty – there always seems to be something for everyone!

## 7. Have Fun! Make Friends! Be Sociable!

Because friend time is the best time. Simple enough.

## 8. Make Time for "Me Time"

This is probably the most important tip. Never underestimated the rejuvenating power of taking time for yourself. That "me time" can be whatever you want it to be, but it is simply for you. Be you. One way to do it, according to University of South Florida psychology major Tyler Keesecker, "Spend a recommended 5-8 minutes a week looking at or listening to Justin Timberlake."

## 9. Clean Up

Take care of yourself and your surroundings. Do laundry. Stay on top of the dishes. Keep the clutter away from both your living space and your mental space – it can be a pain, but you'll be thankful for it in the end.

## 10. Remember – you're in college.

Seriously, just remember that you are in a really awesome position right now. Yeah, you're in school, but you're in college. That's a whole other ballpark. Sounds lame, but we all know it's true – there's something different about it, and that different is a very good one.

## Fortis College Staff & Students

Help Brighten a child's Valentine's Day, bring a smile to their face and a fuzzy friend on their side.

Bears will be given to our community of children (Hospitals, Children Services, Battered Women shelters, and others). Bring "New Teddy Bears" of all Colors, Shapes and Sizes.

Final Drop off date will be January 31, 2014. We have 3 months to gather as many bears as possible to make children happy to receive a "Bear" at many places for Valentine's Day!

Places to drop Bears off will be the LRC or Career Services. Drop off will start on Monday, November 4, 2013.

Thank you for your Donation

National Council, Dayton Section





Several months ago, I was reading a magazine on a flight between Dayton and Baltimore when I came across an article by Tom Naber<sup>1</sup> that I found quite interesting. He said that until a few months ago his favorite quote was by Eleanor Roosevelt: “Great minds talk about ideas. Average minds talk about events. Small minds talk about people. He went on to say that he still love it and repeat it often to his nine-year old, reminding him that truly intelligent people love to turn ideas around in their heads and are constantly trying to create or discover new concepts and things that make their lives and/or businesses better.

Later in the article he said that his current quote by Charles Darwin complements Roosevelt’s quite well. “It’s not the strongest that survive. It’s not even the most intelligent. It’s the one that adapts to change.

Right now, we face many challenges and many huge opportunities too. Green technology and green buildings, energy-efficient products, LEDs, wind and solar power, rising energy prices, new technologies and products, home automation, and medical breakthroughs all offer abundant opportunities- but only if we are willing to embrace the challenges of the future and adapt to change.

The future will be a very challenging and exciting time. If you follow Roosevelt’s advice and think about ideas and success, and take to heart Darwin’s advice and are willing to adapt to change, then what lies ahead can only be years full of continued success.

I sincerely believe that FORTIS College is preparing you today to face the challenges of tomorrow. Stay focused and don’t lose sight of your goals and dreams.

1. Naber is president of NAED and publisher of TED Magazine.

*Smitty*

**Director of Education**

**Mr. Claude Smith**

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## World Series Trivia

We are now in the 109th World Series. The original world series game was in 1946, when St. Louis Cardinals beat the Boston Red Sox. In fact, these two teams are playing against each other now!

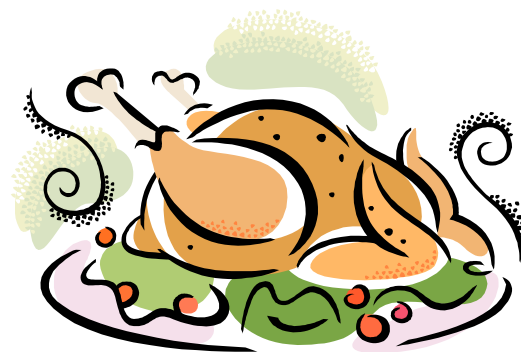
In 1946 a ticket costs \$1.20 to \$6.25 and in 2012, it was \$110.00 to \$1,040.00! In 2012 San Fran Giants beat The Detroit Tigers. A Hot Dog and a Beer cost 50 cents in 1946 and now will run you \$10.25

A program ran about 25cents and now it is 15 dollars.

Winning players bonus in 1946 was \$3,742.34 and now it is \$3,777,002.64

Their ring was worth \$100. and now est. is \$10,000.

Times have changed in costs, but fans still love watching Baseball.



## Letter from the Editor

Dear Students, Faculty, & Staff: I hope all of you have a very Happy Thanksgiving Holiday. It is the time to give Thanks to one another. Here at Fortis, we are a team that truly cares for educational growth, but we also look forward to everyone's well-being.

Of course, nothing says Thanksgiving like eating turkey, stuffing, greens, mac & cheese, mashed potatoes and gravy, pumpkin pie, carrot cake, and oh yeah, rolls if you have any room left!! I love leftovers the next day and best of all watching all the football games. Many people love to go Shopping and find some bargains. Too many crowds for me.

There are some bins located around school that the Nursing Students put out.

Please add some perishable can goods to this bin or donations,

Please give any info you need on a student in need to o one of the Deans.

The Deans are selecting some of our Students who may need help over the holidays. Remember, if you are having problems, please stop by and see the Dean, Ms. Char Moderwell, or talk to one of your instructors. Don't forget to keep watching Ohio State Football games!! Go Bucks! T.C.

### Contact Info

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**English Instructor**

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## FORTIS' CODE OF HONOR

The faculty believes that honesty and integrity are hallmarks of professionalism. As a matter of commitment, the students, faculty, and staff of FORTIS College, Centerville, Ohio, seek to demonstrate in daily living on and off campus those rules or ideals that constitute honorable behavior and will (1) be honest, (2) obey the law and all campus polices, and (3) encourage others to comply with the Honor Code.

The Honor Code is an undertaking of the students, individually and collectively:

1. That they will not give or receive aid in examinations; that they will not give or receive unpermitted aid in class work, in preparation of reports, or in any other work that is to be used by the instructor as the basis of grading.
2. That they will do their share and take an active part in seeing to it that others as well as themselves uphold the spirit and letter of the Honor Code.

Examples of conduct which have been regarded as being in violation of the Honor Code include:

- ◆ Copying from another's examination paper or allowing another to copy from one's own paper
- ◆ Unpermitted collaboration
- ◆ Plagiarism
- ◆ Revising and resubmitting a quiz or exam for grading, without the instructor's knowledge and consent
- ◆ Giving or receiving unpermitted aid on a take-home examination
- ◆ Representing as one's own work the work of another
- ◆ Giving or receiving aid on an academic assignment under circumstances in which a reasonable person should have known that such aid was not permitted

Once a violation is reported, the accused student will be given the opportunity to go before the campus administrators to state his or her case. If the student is found to have cheated or admits to cheating, he or she can be given a zero for the assignment, or a zero for the class, or placed on probation, or suspended, or dismissed from school. The harshness of the punishment depends on the severity of the violation committed, the truthfulness of the accused, and the level of premeditation.